

Health and Safety Requirements for Campus Access

The following health requirements are strictly enforced for anyone on San Mateo County Community College District property, including:

Cañada College | College of San Mateo | Skyline College | District Office



RULES

1. Stay home if you are sick
 2. Wear a face covering
 3. Keep six feet away from others at all times (EVEN while wearing a face covering!)
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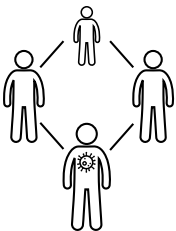


HAVE YOU HAD ANY OF THESE SYMPTOMS IN THE PAST 14 DAYS?

You must stay home until at least 72 hours have passed since resolution of fever without the use of fever reducing medications AND improvement in respiratory symptoms (such as cough and shortness of breath) if present AND at least 10 days have passed since symptoms first appeared.

- | | |
|--|---|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> New loss of taste or smell |
| <input type="checkbox"/> Fever or chills | <input type="checkbox"/> Congestion or runny nose |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Nausea or vomiting |
| <input type="checkbox"/> Muscle or body aches | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Headache | |

Please note the CDC constantly updates this list based on the latest information. See [CDC website](#) for latest COVID-19 symptoms and recommended guidelines.



HAVE YOU TESTED POSITIVE FOR COVID-19 OR HAD CLOSE CONTACT WITH SOMEONE WHO TESTED POSITIVE FOR COVID-19?

If you have COVID-19, you are required to self-isolate at home for up to 10 days, possibly longer depending on your circumstances. Visit the [San Mateo County COVID-19 website](#) or call 211 for details.

If you have been in close contact with someone who tested positive for COVID-19, you are required to self-quarantine at home for at least 14 days even if you do not have symptoms and obtain a COVID-19 diagnostic test. Visit the [San Mateo County COVID-19 website](#) or call 211 for details.
